

Chinese New Year Cook-Along with Mei

Zha Jiang Mian 炸酱面 & Stir-Fried Greens

Friday February 11th, 2022 5pm Pacific Time // 8pm Eastern Time

Shopping List

Pantry items (Chinese-cooking staples used in this recipe):

- cooking oil (grape seed, canola, or vegetable. not olive oil)
- <u>Shaoxing cooking wine</u>
- 300 g. <u>bean paste (大酱)</u>
- 300 g. <u>soybean paste (黄豆酱)</u>
- sesame oil
- 2 lb. Asian noodles
 - (fresh, dry or frozen thick wheat-based)

Fresh ingredients:

- 1 lb. minced chicken or pork
- 1 lb. leafy greens

(pick one type ex. bok choi (菠菜), gailan (芥兰), youcaixin (油菜心), broccoli)

- 1 cucumber
- 2 cloves garlic
- 2 in. fresh ginger root
- 1 stalk green onion

Other Preparation

Cooking equipment:

- wok
- spatula
- cleaver
- medium-sized pot
- mesh strainer

questions? please contact kendra.tombolato@wildchina.com // 1-888-902-8808

WILDCHINA